



# COMMUNITY TRAUMA RESPONSE TEAM

## CTRT TRAINING ACADEMY

The CTRT Academy will consist of the following training modules:

- Program Overview
  - CTRT purpose & scope (how CTRT & Chaplaincy compliment each other)
  - Partners: TPD, TFD, SS911, City of Tacoma
  - Volunteer Development: Academy >> Mentoring >> Solo Resource
- Trauma 101
  - Anatomy of a crisis
  - Psychological Trauma
  - Grief (Adult and Child)
- Serving victims/survivors
  - Trauma mitigation: meet immediate needs (connection, information, resources)
  - Staying in your lane
  - De-escalation
  - Confidentiality/Privacy
  - Cultural Competency
- Suicide Intervention
  - Introduction to intervention techniques (ASIST methodology)
- Psychological First Aid
  - Recognizing and responding to mental health issues (MHFA USA methodology)
- On Scene Dynamics – Situational Awareness
  - Police
  - Fire
  - Communications with SS911 & TPCC
- Self-Care
  - Compassion Fatigue
  - Burnout
- Wrap up
  - Q&A
  - Graduation